

Week #2

Woodland Children's Centre  
Summer Menu

Column1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Snack</b>	Assorted Cereals	Whole Wheat cracker & Wow butter	Raisin Bread	Graham Cracker & fruit cream cheese	Seasonal Fresh Fruit
	Milk	Juice	Juice	Juice	Milk
<b>Lunch</b>	Meat balls in a savory tomato based sauce	Sloppy Joes on a bun crisp summer corn	Old-Fashioned Macaroni & Cheese	Chicken Burgers with condiments	Choice of Wraps Cheese/Ham Salad
	Rice		Tomato Wedges	Garden Salad	Assorted Vegetable Sticks
	Baby Green Peas		Bread sticks		chips/cheesies
	Milk	Milk	Milk	Milk	Milk
	Diced Pears	Rice Krispie Square	Fruit Sorbet	Jello with fruit	Melon Wedges
<b>Snack</b>	Assorted Cr è me	Wrap bites with cream cheese & jam	Seasonal Fresh Fruit	Bits & Bites	Home Made Trail Mix
	Cookie				
	Juice	Milk	Milk	Juice	Juice

**Picnic Day**

Milk served is 2%

100% Juice concentrate with no added sugar

All Bread is whole wheat

Butter is Soya based Margarine

Wow butter is a nut-free gluten free product